

Scientific Chairman

Andreas B. Imhoff
Chairman, Department of Orthopaedic Sportsmedicine, Technical University Hospital Klinikum rechts der Isar, Munich, Germany

Course location

Gran Hotel Elba Estepona & Thalasso Spa
Carretera Estepona - Cádiz 153
29680 Estepona, Spain
T +34 952809200
www.hoteleselba.com/en/
hotel-elba-estepona/

Organisation

Christian Lacher
medi GmbH & Co. KG
Medicusstraße 1
95448 Bayreuth
Germany
T +49 921 912-1794
F +49 921 912-783
c.lacher@medi.de
www.medi.de

Registration fee

129,- €

Course faculty

Jordi Ardevol
Hospital Asepeyo Sant Cugat,
Barcelona, Spain

Raúl Barco
Hospital Universitario La Paz
Madrid, Spain

Knut Beitzel
Department of Orthopaedic Sportsmedicine, Technical University Hospital Klinikum rechts der Isar, Munich, Germany

Emilio Calvo
Department of Orthopedic Surgery and Traumatology, Fundación, Jiménez Díaz Universidad Autónoma, Madrid, Spain

Ramon Cugat
Department of Orthopaedic Surgery and Traumatology Hospital Quiron Barcelona, Spain

Joao Espregueira-Mendes
Clínica do Dragão - Espregueira-Mendes Sports Centre FMCE Porto, Portugal

Jose Huylebroek
Orthopaedic-Sports Medicine Department Park Leopold Hospital, Brussels, Belgium

Timo Järvelä
Tampere University Medical Faculty Tampere, Finland

Jon Karlsson
Department of Orthopaedics Sahlgrenska University Hospital, Mölndal, Sweden

Andrey Korolev
European Clinic of Sports Traumatology and Orthopaedics (ECSTO), Moscow, Russia

Emilio López-Vidriero
ISMEC - International Sports Medicine Clinic Sevilla, Spain

Giuseppe Milano
Catholic University of Rome, A. Gemelli University Hospital, Rome, Italy

Manuel Ribas
USP-Dexeus University Institute Barcelona, Spain

Hans-Kaspar Schwyzer
Schulthess Klinik Muskulo-Skeletall Zentrum Zürich, Switzerland

Sebastian Siebenlist
Department of Orthopaedic Sportsmedicine, Technical University Hospital Klinikum rechts der Isar, Munich, Germany

Jaap Willems
Lairesse Kliniek, Amsterdam, The Netherlands

Adrian Wilson
North Hampshire Hospital, Basingstoke, University of Winchester, UK

Stefano Zaffagnini
Head of Ortopedia Generale Dipartimento Rizzoli Sicilia - Bagheria (PA) e Centro di Riferimento Traum. dello Sport (Sports Traumatology Center) Istituto Ortopedico Rizzoli Bologna, Italy

medi GmbH & Co. KG
Medicusstraße 1
95448 Bayreuth
Germany
T +49 921 912-0
F +49 921 912-783
export@medi.de
www.medi.de



Invitation

14th medi European Sports Orthopaedics Symposium

June, 15 – 18, 2017
Estepona, Spain

14th medi European Sports Orthopaedics Symposium

Innovations in treatment of knee, shoulder and ankle problems

Dear Colleagues,

We cordially invite you to attend the 14th medi European Sports Orthopaedics Symposium in Estepona, Spain on 15 – 18 June 2017. This meeting provides a unique and exciting opportunity for the exchange of knowledge and serves as a diverse and unique opportunity for attendees to share, discuss and learn the latest advancements in sports orthopaedics.

We will present a variety of new prophylactic, therapeutic and surgical technique information, allowing attendees to expand their knowledge and enhance their surgical skills. We created a diverse and unique program featuring a wide array of interdisciplinary presentations by international experts in arthroscopy, knee and shoulder surgery and sports medicine.

I would like to offer a special thank you to all faculty members and the medi company, who is organizing this meeting. I am sure that we will have a fantastic scientific program.

We look forward to seeing you in Estepona. With its subtropical-mediterranean climate, the Málaga region is an ideal backdrop for a variety of social activities.

Scientific Chairman

Andreas B. Imhoff,
Chairman, Department of Orthopaedic Sportsmedicine, Technical University Hospital Klinikum rechts der Isar, Munich, Germany



Program

Thursday, 15 June 2017		
16:00-17:00	Welcome drink	
17:00-17:05	Opening	Imhoff / Hones
17:00-17:20	Introduction and product update medi	Klaus Hones
17:20-17:30	Presentation of the faculty	Andreas Imhoff
ACL and Football Moderator: Karlsson / Imhoff		
17:30-17:50	Why does the ACL fails in athletes	Jose Huylebroek
17:50-18:10	Trauma in Football: risk factors and prevention	Andrey Korolev
18:10-18:30	ACL lesions and rotation instability. Is this a special problem in football	Joao Espreguira-Mendes
18:30-18:50	PRP In Football Athletes	Ramon Cugat
18:50-19:10	Popliteal artery entrapment in professional athletes: diagnosis and management	Emilio López-Vidriero
19:10-19:30	Coffee break	
ACL – Longterm and Revision Moderator: Wilson / Imhoff		
19:30-19:50	Tunnel communication after double-bundle ACL reconstruction, (5-year MRI-results)	Timo Järvelä
19:50-20:10	The Aterolateral Ligament (ALL) where are we?	Adrian Wilson
20:10-20:30	Long term results of ACL reconstruction plus lateral plasty	Stefano Zaffagnini
20:30-20:50	ACL revision surgery (ACL Registries)	Jon Karlsson
20:50-21:10	Discussion	
Special topic (FIFA) Moderator: Imhoff / Järvelä		
21:10-21:30	Screening of football players pre-transfer and post	Jose Huylebroek
21:30	Dinner	

Friday, 16 June 2017		
Cartilage / Patella Moderator: Zaffagnini / Imhoff		
09:00-09:20	Biologic treatment for early osteoarthritic	Stefano Zaffagnini
09:20-09:40	The potential of Stem Cells and scaffolds for cartilage repair	Knut Beitzel
09:40-10:00	Cartilage up date	Sebastian Siebenlist
10:00-10:20	Patellar tendinopathy. Arthroscopic treatment assisted with ultrasonography	Jordi Ardevol
10:20-10:40	Discussion	
10:40-11:00	Coffee break	
PCL / Multiligament / Osteotomy Moderator: Milano / Imhoff		
11:00-11:20	PCL – technique and postoperative bracing	Adrian Wilson
11:20-11:40	Multiligament knee reconstructions	Giuseppe Milano
11:40-12:00	Clinical and imaging evaluation of PCL and multiligament injuries of the knee	João Espregueira-Mendes
12:00-12:20	Osteotomies around the knee – options in the sagittal plane	Andreas Imhoff
12:20-12:50	Minimally invasive techniques HTO and DFO	Adrian Wilson
12:50-13:10	Discussion	
14:00	Lunch break	
Workshop – new products Moderator: Klaus Hones		
15:00-16:00	Knee and shoulder braces (the new PCL-Brace)	Wilson et al.
Hip / Elbow Moderator: Barco / Imhoff		
19:30-19:50	Hip arthroscopy - functional outcomes in high level athletes	Jon Karlsson
19:50-20:10	Hip Resurfacing Arthroplasty in 1300 cases. In which case the future is back? Is there any scientific evidence.	Manuel Ribas

20:10-20:30	Traumatic Elbow instability: from acute to chronic	Raúl Barco
20:30-20:45	Discussion	
Saturday, 17 June 2017		
Shoulder Moderator: Siebenlist / Calvo		
09:00-09:20	Recurrent Shoulder Instability: Does the Latarjet Procedure solve it all?	Sebastian Siebenlist
09:20-09:40	Biologic augmentation in shoulder surgery	Giuseppe Milano
09:40-10:00	Cuff repair: what is the evidence in 2016: when to remain conservative, when to operate”	Jaap Willems
10:00-10:20	Management of Subscapularis Lesions	Emilio Calvo
10:20-10:40	Massive RC Tears	Andreas Imhoff
10:40-11:00	RC: Superior Capsular Repair	Hans-Kaspar Schwyzer
11:00-11:20	Discussion	
11:20-11:50	Coffee break	
Shoulder / Hip Moderator: Willems / Beitzel		
11:50-12:10	Management of shoulder arthritis in the young athlete	Emilio Calvo
12:10-12:30	AC Joint Instability - how to best restore its 3D function	Knut Beitzel
12:30-13:00	Scapula dyskinesia with clavicle fractures and in athletes	Jaap Willems / Jordi Ardevol
13:00-13:20	The shoulder of the professional tennis player: adaptations or pathology?	Emilio López-Vidriero
13:20-13:40	TSA-RSA: sports activity; 10 years results	Hans-Kaspar Schwyzer
13:40-13:50	Discussion	
14:00	Lunch break	
Sunday, 18 June 2017		
Departure		