



THE 5TH HAMPSHIRE & SURREY KNEE SYMPOSIUM

WEDNESDAY 7TH JUNE 2017

Start 09:00 - End 16:00

THE ARK CENTRE, BASINGSTOKE

THE 5TH HAMPSHIRE & SURREY KNEE SYMPOSIUM

Agenda

- | | | | |
|---------------|---|---------------|---|
| 8.00 - 8.40 | Registration & Coffee | 13.30 - 14.15 | ACL Debate – Paul Trikha
No Surgery, Rehab First – Lisa Williams
ACL or ACLR Standard Rehab – Gill Newey
End Stage Rehab – Tom Williams
Surgery Update (A.L.L.) – Adrian Wilson |
| 8.40 - 9.00 | Welcome - Paul Trikha / Adrian Wilson | 14.15 - 15.00 | Arthroscopy of the Knee – David Elliott
Almost Never in the Degenerative Knee – David Elliott
Occasionally in the Degenerative Knee – Paul Trikha
Early Arthroscopy in the Young – Paul Trikha
Non-operative Treatment for Meniscal Tears – All Faculty |
| 9.00 - 9.45 | Examination of the Knee – Paul Trikha / Adrian Wilson | | |
| 9.45 - 10.30 | OA Debate - Chair Paul Trikha
The Non-operative Treatment of OA – Tom Williams
Surgery for Early OA – Adrian Wilson
The Unloader, Fitting, Tips, Tricks – Lisa Williams
Case Discussion – All Faculty | | |
| 10.30 - 11.00 | Coffee | | |
| 11.00 - 12.30 | Patella Femoral Dislocation – Adrian Wilson
Physiotherapy – Gill Newey
Surgery – Who? When? And What? – Paul Trikha
Case Discussion – All Faculty | 15.00 - 15.10 | Runners Knee – Tom Williams |
| 12.30 - 13.30 | Lunch | 15.10 - 15.20 | S.O.N.K! – Joshua Jacob |
| | | 15.20 - 15.30 | Stem Cells – Adrian Wilson |
| | | | Close |

